# STANDON BOWERS 2023

## Agenda

- Welcome
- Pupil Groups
- Programme
- Daily routine
- Centre rules
- Medical information
- Kit list
- Any Questions?

#### Video

https://www.youtube.com/watch?v=ep8AC18N 9Go

#### **Pupil Groups**

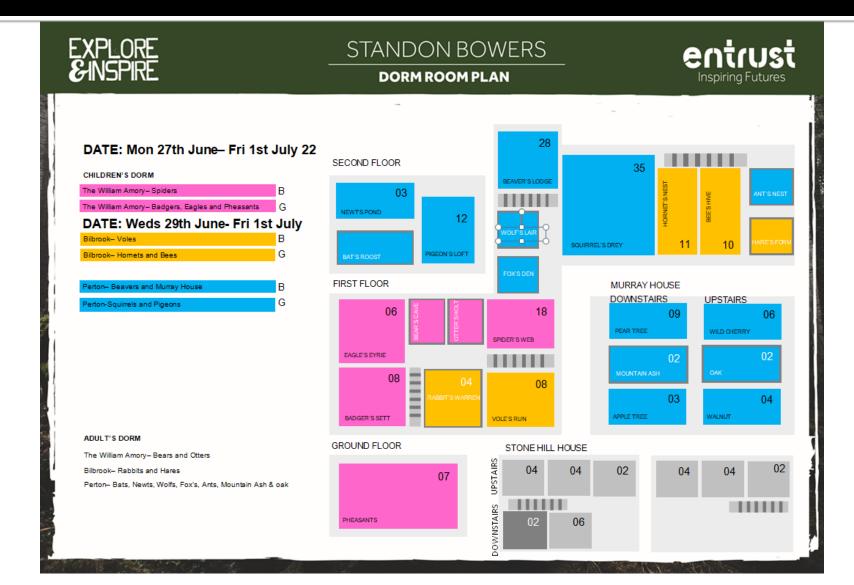
 Groups will be organised before hand and children will have an input into this.

 All groups will be mixed between Perton / Bilbrook and mixed gender.

# Programme

MONDAY	Teams	1 & 2	3 & 4	
	Morning 10am – 12:30pm	Arrive and Introductions Settle in and Tour of Centre		STAFF
	Afternoon 1:45pm – 5pm	BMX Skills BMX Track	Caving Archery	
	Evening 7:00pm – 8:30pm	Flying Eggs (School Staff)		
TUESDAY	Morning 9:30am – 12:30	Caving Archery	BMX Skills BMX Track	
	Afternoon 1:45pm – 5pm	High Ropes		
	Evening 7:00pm – 8:30pm	Photo Trail		
WEDNESDAY	Morning 9:30am – 12:30	Climbing Bridge Building	Bridge Building Climbing	
	Afternoon 1:15pm-1:30pm	Farewell Presentation Depart 1:30pm		

# **Dormitory Plan**



### **Daily Routine**

- 7:30: Wake up!
- 8:00 Breakfast
- 9:15 Morning Inspection
- 9:30-12:30 Morning Activities
- 12:30-1:45 Lunch
- 1:45-4:45 Afternoon Activities
- 5:00 Dinner
- 6:00 Playtime
- 6:30-9:00 Evening Session
- 9:00 Supper
- 9:30 Bedtime
- 10:00 Lights out.

#### Video 2

https://www.youtube.com/watch?v=A4ZZAes 2-kU

#### **Centre Rules**

- No mobile phones, no phone access for students to call home.
- Students are expected to behave themselves as they would in school.
- Exceptional bad behaviour= Parents contacted.
- Expected keep the centre tidy and respect the equipment.
- Students are not allowed to leave the centre grounds.
- Pupils are expected to go to sleep!

#### **Medical information**

- Consent/medical forms to be returned ASAP.
- Asthma inhalers: Student carries one, one handed in.
- Other medication should be handed in and named.
- Special dietary requirements

#### Kitlist/Pocket Money

- Everything needed is on the kit list.
- New clothes/equipment are unnecessary.
- Please name EVERYTHING!
- Pocket Money max £8. Coins/small change is best.
- Purses / wallets handed into staff before departure for safe keeping.
- No mobile phones/handheldconsoles etc.
- Cameras at pupils own risk.
- No food allowed in the dorms any tuck will be stored in the dining room.